

# PRESS RELEASE

**For Release:** February 7, 2010

The Honolulu Quarterback Club, celebrating 64 Years, is pleased to announce the following Guest Speakers for their luncheon, Monday, February 8th, at the Maple Garden Restaurant. The Maple Garden is located at 909 Isenberg (near the corner of King and Isenberg directly across from the Old Stadium Park) and there is free parking next to the Restaurant or street parking is available. The entrance to the meeting room is located at the rear of the Maple Garden building through the parking lot. Lunch begins at 11:30 AM and the program begins at 12 noon:

**Marilyn Moniz-Kaho'ohanohano - Associate Athletics Director – Senior Woman Administrator - University of Hawaii** - Marilyn returns to the HQC entering her 18th year at the University. Her responsibilities include overseeing women's volleyball, soccer, water polo, cheerleading, men's golf, men and women's tennis, sailing and men and women's swimming and diving. At the same time, Marilyn monitors gender equity and NCAA compliance within the department. She continues to supervise student services/academics. She also contributes to reaching the department's goal to reach financial stability while making improvements in the areas of student services and creating additional academic services for the student-athletes and enhancing their life skills, and compliance. Marilyn will have the opportunity to answer questions.

**Jonathan Lyau - 2009 Honolulu Marathon 1st Place Finish - Hawaii Resident-**

Not only did Jonathan finish 1st in the Honolulu Marathon this year, he's has finished the race in 1st place 16 times. In 2009 Jonathan was an inductee into the Honolulu Marathon Hall of Fame. He was the male champion in the 1994 and 2002 Great Aloha Run and he was the 1982 State High School Track Champion in the 3200 meter at McKinley High. He has been coaching the Leukemia and Lymphoma Society's Team in Training since 1996 and from 2003, he has been the Girl's Assistant Track Coach at Kamehameha School. Also, Jonathan has been the Girl's Assistant Cross Country Coach for Iolani School since 2008. In addition to all his coaching, in 1995, he created a company called Personal Best Training. He is also currently the Vice President of A. C. Luau Company, Limited which is a candy wholesale/distributor company. And in 2009, Jonathan became Co-Director of Aloha Cross Country Camp for high school runners. He received his Bachelors of Business Administration at UH-Manoa. For the month of December 2009, Jonathan was selected as the Male Sportsperson the Month by the Honolulu Quarterback Club and he will be presented his award at the HQC Luncheon. Jonathan will give us his own personal formulas for good health and nutrition. He will entertain questions from

attendees at the luncheon on Monday.

**THE GENERAL PUBLIC IS INVITED!**

**Come to our meeting & celebrate these  
speakers!**

There is very limited parking next to the Maple Garden Restaurant  
but there is plenty of street Parking.