Honolulu Quarterback Club

"The Preeminent Sports Source in Hawai'i, Recognizing All Sports"

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PRESS RELEASE

For Release: Sunday, March 13, 2011

The Honolulu Quarterback Club, celebrating 65 Years, is pleased to announce the following Guest Speakers for their luncheon, Monday, March 14th., at the MGR.:

- + Rockne Freitas Vice President Student Affairs and University/Community Relations University of Hawai'i
- + Raul Boca Torres Owner of Boca Hawaii USA Certified Race Director Hawai'i Triathlons and races
- + Kimberly Pugliese Recipient Female Sportsperson of the Month September 2010

Rockne Freitas - Vice President - Student Affairs and University/Community **Relations - University of Hawai'i** – Rockne was appointed to his current position in May, 2010 from chancellor of Hawai'i Community College. The position was a combination of two empty vice president positions at the system level. In this new position, Rockne provides leadership in areas of system wide student affairs policies and procedures and student life activities, as well as university and government relations. He served as Vice President and executive director of the Ke Ali'l Pauahi Foundation, had leadership positions at Kamehameha Schools and GRG Enterprises. served at UH on university relations for the UH system and associate athletic director for UH Manoa. Rockne is a former NFL player and coach and during his collegiate days. was inducted into the Hawai'i Hall of Fame and the Oregon State University Sports Hall of Fame He also served with the Office of Hawaiian Affairs as a trustee. He has been awarded a doctoral and master's in education from UH and has his bachelor's degree in animal science from Oregon State University. Rockne will present his story on how he used his knowledge of Intercollegiate athletics and his UH background to assist in putting together a deal that put the "Warriors" football team in the Mountain West Conference and most of the other UH teams in the Big West Conference.

Raul Boca Torres – Owner of Boca Hawaii – USAT Certified Race Director - Hawai'i Triathlons and races. Coach Raul has over 20 years of coaching. He is a 17-time Ironman finisher and was the 1st. finisher in the 1996 Hawai'i Ironman. Coach Raul is also the Keauhou-Kona ironman and Tinman triathlon champion in his age class. He serves as a Personal Trainer for all levels of athletes, cyclists and runners. Coach Raul has been a Cross Country Coach for HPU and is Race Director for BOCA Hawai'i Triathlons and races. He is the owner of BOCA Hawai'i which is listed as a Bicycle-Repair and Sporting Goods Store but it is more than that since the store offers Custom Bikes, Exercise Bikes, Iron Horse Bikes and other types of specialized bicycles. In addition to sales and repairs, Coach Raul has a training facility in the store. He will talk about how he motivates his clients and how he pushes them beyond their limits. Coach Raul will cover healthy life

styles, fitness training and good nutrition at the HQC Luncheon on Monday.

Also in attendance will be the **2010 September Female Sports Person of the Month Kimberly Pugliese**, from Mililani High School who was selected the 2010 OIA Western Division girls' cross-country player of the year, winning the 2010 OIA Championship and won and set a record in the OIA Western Division Championship girl's varsity 3000 meters. Kimberly was also selected as the winner of the 2010 Wendy's High School Heisman. She will accept her award from the Honolulu Quarterback Club at Monday's luncheon

The Maple Garden Restaurant is located at 909 Isenberg (near the corner of King and Isenberg directly across from the Old Stadium Park) and there is free parking next to the Restaurant or street parking is available. The entrance to the meeting room is located at the rear of the Maple Garden building through the parking lot. Lunch is at 11:30 am and the program begins at 12 noon. The luncheon cost is \$15.00 per person for members and guests which includes tax and gratuities.

THE GENERAL PUBLIC IS INVITED!

Come to our meeting & celebrate these speakers!

There is limited parking next to the Maple Garden Restaurant but there is plenty of street Parking.