

# HONOLULU QUARTERBACK CLUB

*"The Preeminent Sports Source in Hawai'i, Recognizing All Sports"*

55 South Kukui Street

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Honolulu Hawaii 96813

Herman H. Stern, President

## PRESS RELEASE

**For Release:** Sunday, June 29, 2014

The Honolulu Quarterback Club, celebrating 68 years, is pleased to announce the following Guest Speakers for their luncheon, Monday, June 30th, at the MGR:

**+ Stefan Reinke – Elite Long Distance Swimmer – Participant in the End-Wet**

**+ Mike Tymn – Author – Long Distance Runner**

**Stefan Reinke – Elite Long Distance Swimmer – Participant in the End-Wet** - Stefan just returned from the 2014 End-Wet marathon swim which goes from North Dakota to Minnesota down the Red River. This race is 36 miles long and is a mixed-sports event where individual and relay open water swimmers pit themselves against other endurance athletes such as kayakers, surf-skiers, and stand-up paddlers. It is considered one of the longest marathon swims in the world. Stefan will talk about this year's event which is actually called the Extreme North Dakota Watersports Endurance Test on Monday at the Honolulu Quarterback Club luncheon.

**Mike Tymn – Author – Long Distance Runner** – Mike has been a freelance writer for some 55 of his 77 years. He covered swimming, biking and triathlons for the Honolulu Advertiser for 24 years, and has been a regular contributor to Runner's World, Running Times, and National Masters News over the past 4 decades. He is now in his 35th year of writing a monthly column for the latter publication. He is the author of 7 books, one of them on running and the other 6 on spiritual subjects. Mike is one of Hawaii's top Distance runners in the 1970s and early 1980s. He won 4 national masters championships and won the 1979 Maui Marathon at the age of 42. He is still the only Hawaii resident to have run under 2 hours, 30 minutes in the marathon after age 40. Mike will talk about, *"How Metrics Have Contributed to the Decline of Track & Field in the United States."*

**The Maple Garden Restaurant is located at 909 Isenberg (near the corner of King and Isenberg directly across from the Old Stadium Park) and there is free parking next to the Restaurant or street parking is available. The entrance to the meeting room is located at the rear of the Maple Garden building through the parking lot. Lunch is at 11:30 am and the program begins at 12 noon. The luncheon cost is \$15.00 per person for members and guests which includes tax and gratuities. The food is fabulous!**

**THE GENERAL PUBLIC IS INVITED**

**Come to our meeting & celebrate this speaker!**

**There is parking next to the Maple Garden Restaurant and plenty of street Parking.**