

# HONOLULU QUARTERBACK CLUB

*"The Preeminent Sports Source in Hawai'i, Recognizing All Sports"*

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## PRESS RELEASE

**For Release:** Sunday, July 26, 2015

The Honolulu Quarterback Club, celebrating 69 years, is pleased to announce the following Guest Speakers for their luncheon, Monday, July 27, 2015 at the Maple Garden Restaurant, 909 Isenberg St., Honolulu, HI 96826:

**+ Mosi Williams - Education and Sports Consultant**

**+ John Henderson - Founder Holomua On Wheels - President Minvatech Hawaii - Co-Founder Nite Run**

**Mosi Williams - Education and Sports Consultant** - Coach Mosi, originally from California, has coached sports from age five to the collegiate level as a former volunteer assistant coach with the Florida A&M Women's Track team. He has also worked in the athletic departments of a number of colleges and universities, consulting with athletes and coaches at the collegiate, professional and Olympic levels. A Master's level educator and counselor, he has worked in the K-12 schools here as well as on the mainland and taught at the collegiate level. Having gained training in sport psychology, Mosi and a friend volunteer in the nonprofit sector - SportTech and DC Stars - organizations that help young athletes through athletic training, performance enhancement and academic instruction. Diagnosed with the blood disorder Hemophilia, Coach Mosi has run basketball tournaments with skill instruction for the hemophilia community. Despite his handicaps, he still tries to compete recreationally as a disabled athlete. Coach Mosi will discuss sports psychology, sports and academics, and mental health in athletics on Monday at the Honolulu Quarterback Club luncheon. He will entertain questions from club members and guests.

**John Henderson - Founder Holomua On Wheels - President Minvatech Hawaii - Co-Founder Nite Run** - John heads up Holomua On Wheels (HOW) which strives to increase the quality of life for disabled individuals through access to sport and through improved community awareness. It also provides able-bodied athletes information on adaptive equipment for both sport and lifestyle with the ultimate goal of inspiring its participants to become adaptive coaches, instructors, and/or volunteers. HOW aims to increase the able-bodied community's understanding of the challenges faced by disabled individuals through workshops, seminars, races and experiential building programs that bring able-bodied and disabled individuals together. John will talk about how he turned a physical disability into business opportunities. He will take questions from luncheon attendees on Monday at the luncheon.

**The Maple Garden Restaurant is located at 909 Isenberg (near the corner of King and Isenberg directly across from the Old Stadium Park) and there is free parking next to the Restaurant or street parking is available. The entrance to the meeting room is located at the rear of the Maple Garden building through the parking lot. Lunch is at 11:30 am and the program begins at 12 noon. The luncheon cost is \$15.00 per person for members and guests which includes tax and gratuities. The food is fabulous!**

**THE GENERAL PUBLIC IS INVITED**

**Come to our meeting & celebrate this speaker!**

**There is parking next to the Maple Garden Restaurant and plenty of street parking.**